

# Copper IUD

*hormone-free contraception*



Your individual contraception from

EURIM  
PHARM



## **Hormone-free contraception according to international quality standards!**

In cooperation with two European manufacturers, Eurim distributes classic copper IUDs which have been on the market for a long time. The choice of the appropriate copper IUD must be made by the healthcare professional based on the length and position of the patient's uterus. Especially for young women, this form of hormone-free contraception is becoming increasingly popular. Our mission is to offer women an alternative to hormonal contraception and to inform the women about the copper IUD and its hormone-free effect.

## **How does the copper IUD work?**

The copper coil consists of a plastic body with a fine copper wire wrapped around its body and the arms are sometimes also fitted with copper sleeves. From the copper, copper ions are continuously released into the uterus. The sperms are thereby decisively impaired in their mobility and do not reach the egg to be fertilized or do not reach it in sufficient numbers to fertilize it. In addition, the copper IUD leads to a foreign body reaction, which changes the mucous membrane of the uterus.

## **When is contraceptive protection available and how reliable is the copper IUD?**

The copper IUD is effective immediately after insertion into the uterus. The copper IUD is a safe contraceptive method. Depending on the model, it can stay in the uterus for 5 to 10 years.

## **When should the copper IUD be inserted?**

If pregnancy can be ruled out, the IUD can be inserted at any time during the menstrual cycle. However, it is recommended to insert the IUD during menstruation, as the cervix is slightly open at this time. The copper IUD can also be used as emergency contraception up to 5 days after unprotected sex.

## **Is the insertion or removal of the IUD painful?**

Normally, the insertion or removal of the IUD is not painful. Most women experience little to no pain, but the sensation of pain varies from woman to woman. If necessary, anaesthetic medication can be used to relieve the pain.

## **How often is the IUD checked?**

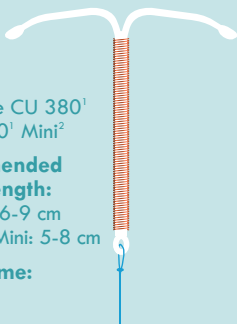
The IUD needs to be checked one month after insertion or after the first menstrual period and at the semi-annual check-up at your gynecologist. Additional check-ups may be required for clinical reasons.

## **How quickly can you get pregnant after become pregnant after removal?**

As the copper IUD does not interfere with the woman's hormonal balance, you can get pregnant immediately after removal. The menstrual cycle will continue to follow its natural rhythm.

## Copper IUDs - long-term - hormone-free!

### Neo-Safe®



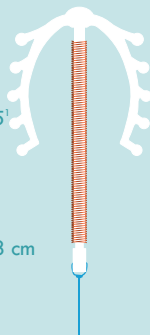
Neo-Safe CU 380<sup>1</sup>  
& CU 380<sup>1</sup> Mini<sup>2</sup>

**Recommended  
uterus length:**

CU 380: 6-9 cm  
CU 380 Mini: 5-8 cm

**In situ time:**  
5 years

### Multi-Safe®



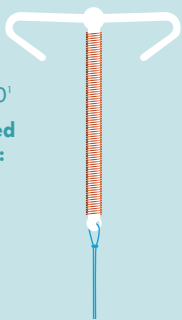
Multi-Safe CU 375<sup>1</sup>  
& CU 375<sup>1</sup> short<sup>2</sup>

**Recommended  
uterus length:**

CU 375: 6-9 cm  
CU 375 short: 5-8 cm

**In situ time:**  
5 years

### CU-Safe®

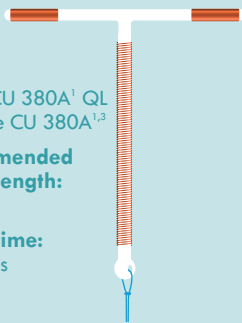


CU-Safe T 300<sup>1</sup>

**Recommended  
uterus length:**  
5-8 cm

**In situ time:**  
5 years

### T-Safe®



T-Safe CU 380A<sup>1</sup> QL  
& T-Safe CU 380A<sup>1,3</sup>

**Recommended  
uterus length:**  
6-9 cm

**In situ time:**  
10 years

The copper IUDs are pictured in original size! <sup>1</sup> Indicates the copper surface area in mm<sup>2</sup>.

<sup>2</sup> CU 380 Mini and CU 375 short are not pictured here. <sup>3</sup> Only available in AT.

*Flexi-T®*

Flexi-T 300<sup>1</sup> & +300<sup>1</sup>  
**Recommended uterus length:**  
 Flexi-T 300: 5-6 cm, Flexi-T +300:  $\geq 6$  cm  
**In situ time:** 5 years

Flexi-T +380<sup>1</sup>  
**Recommended uterus length:**  
 $\geq 6$  cm  
**In situ time:** 5 years

Distribution Austria by Gynial GmbH

## Which copper IUD is suitable for me?

The choice of a suitable copper IUD depends mainly on the woman's physical conditions (e.g. size/length of the uterus). A discussion with your gynecologist and an appropriate examination can clarify which size and shape is most suitable. Especially women who had not yet given birth. This is where our products Multi-Safe CU 375 short, Neo-Safe T CU 380 Mini and Flexi-T 300 may be a suitable option.

## What side effects can occur after inserting the copper IUD?

- Mild cramps
- Prolonged menstrual bleeding in the first three months after insertion
- Additional bleeding after insertion
- Slight dizziness

You can get more information about possible side effects during your consultation with your gynecologist.

*Your gynecologist will be happy to advise you on **hormone-free contraception** with copper IUDs from Eurim.*

**If you still have questions about the products,  
you can find more information here:**



[www.eurim-iud.de](http://www.eurim-iud.de)



[www.flexi-t.de](http://www.flexi-t.de)



### **Information:**

The manufacturers of Eurim copper IUDs have a quality management system which is certified for ISO 13485:2016 and in accordance to the European Medical Devices Directive 93/42/EEC. These systems are subject to numerous controls by the notified bodies and the national regulatory authorities. All products bear the CE mark, indicating compliance to the European Directive 93/42/EEC.

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## Do you have any questions?

We will be happy to advise you via  
e-mail at: [info-iud@eurim.de](mailto:info-iud@eurim.de)

**EurimPharm Vertriebs-GmbH & Co KG**  
Michael-Walz-Gasse 18d • 5020 Salzburg  
[www.eurim-iud.de](http://www.eurim-iud.de)

**Made in Europe (100 % members of the EurimGroup):**

*Mona Lisa*

*NV, Belgium*



*BV, the Netherlands*